

A Family and Community Resource Center

“Go Green, Go Clean” Education Program

“Reduce, reuse, recycle. Walk, skateboard or ride your bicycle.” This was the rhyme being chanted by the children who attended Friendly Center’s Success for All Tutoring Through the Arts Program, June 15 through June 25. Over 40 children participated in the “Go Green and Clean” activities.

The students learned a unique rap song about “going green” that included different ways they could help the environment.



Clean and Green Rap

Here’s the ABC’s of going green
‘a’ is for always keeping it clean

‘b’ is for beautiful & breathing fresh air
‘c’ is for always showing you care

Now listen to me, I’ll tell you what to do
About keeping it green and the pretty sky blue

Reduce, Reuse, Recycle
Walk, skateboard or use your bicycle

It’s all very practical
To create a world that’s magical

Students participated in art projects, including making a paper mache globe and recycling boxes for their homes.

They learned how important plants are to the earth and the atmosphere. At the beginning of the ten-day program, the students each planted a seed. Through the next days, they watered and cared for their seeds, and watched them sprout into plants.

“It was the most exciting activity and it was great to see the students really take interest in caring for their plants” said Krystina Daley, Friendly Center’s Education Coordinator.

One third grade student was so inspired by the planting activity that she wanted to plant more flowers. She was allowed to take home the leftover potting soil and seeds from the activity and create her own garden at home.

The students learned about recyclable materials and the importance of recycling. They learned how to make a difference at home by turning off electronics when they’re not using them, using wash cloths or sponges instead of paper towels, and using both sides of the paper when drawing.

“The biggest lesson they learned was that recycling isn’t hard,” said Ms. Daley. “If everyone does their part the world will be a better place,”



Students paint their paper mache globes while learning about taking care of the earth.

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A Message from a Member of the Board of Directors



I love being the “volunteer” Volunteer Coordinator! One of the best rewards is getting to know all of the wonderful people who give their time to help Friendly Center. I personally feel there is nothing more rewarding than to volunteer, but to do so for an organization such as this one is truly life-changing. I know this feeling well, but I also see it time and time again in our volunteers as they return every year to help. Companies get involved and they return because they see the difference they can make in a child’s life and a family’s future.

When I was first asked to be a part of Friendly Center as a board member, Executive Director Cathy Seelig had just taken her position. I had never done anything like this before, but as I worked and lived in the area it made sense to get involved. As I sat on the board, I began to see what was around me, who we were helping and how we were helping them. It is so much more than giving them some bread to help them feed their families for that day. Families are being helped and guided to a place where they will, someday, be self-sufficient and taking care of themselves.

As my involvement grew, so did my understanding of the cause I was helping. I volunteered for the Holiday Outreach Party and I saw parents with their children, dressed in their finest, coming to see Santa Claus, have their faces painted, create a reindeer tree ornament or decorate a cookie. They would then pick up a box of food and a bag with toys that had been specially prepared for them. For many that box of food would be their holiday dinner and the toys would be the only ones their children would receive. The families are grateful and never fail to say thank you. Each year, the number of families grows. Last year over 700 families were served!

After that first experience, I was hooked! I became more involved as a board member and as a volunteer. Each time I volunteered I understood a little deeper just how very important Friendly Center is. I am not quite sure when or how it happened, but I became the Volunteer Coordinator and I work on assigning volunteers to certain areas for the Holiday Outreach Party and the Street Fair (our two largest volunteer opportunities). I was having such an awesome time of being a part of Friendly Center’s mission that it was easy to take on such a responsibility. I have told volunteers who helped with the Holiday Outreach Party that they may go home exhausted, but their hearts will feel full!

As I said in the beginning, I love being the Volunteer Coordinator, but all you have to do to love Friendly Center is to volunteer once. Try the upcoming Street Fair or the Holiday Outreach Party. Once you see the face of one child, standing there holding a mom’s hand, waiting for that box of food that will feed the whole family, you too will be hooked!

If you would like to volunteer please email me at volunteer@friendlycenter.org.

I look forward to hearing from you soon!

Janis Lopes
Volunteer Coordinator



Help Spice Up the Orange International Street Fair



Friendly Center is excited to have two booths on "Mexican Street" at the Orange International Street Fair over Labor Day Weekend, September 4-6.

The Street Fair is Friendly Center's primary fundraising event for the year and we need your support!

We invite you to be a Chili Pepper Sponsor! Be a part of this unique fundraising event! For \$125 we will place your business name, logo, or sentiment on one of the banners surrounding our booths. Thousands of people visit our booths each year and even more pass by, making this a great marketing opportunity.

Would you prefer to donate your time? We are seeking volunteers to pour beer, run cash registers and serve food. Please contact Janis at volunteer@friendlycenter.org to volunteer for a 3-hour shift.



Chili Pepper Banners at the 2008 International Street Fair.

To be a part of this year's Chili Pepper Banners, please submit the form below.

Chili Pepper Banner Sponsorship Form

Name:	Business:
Address:	Email:
City/State/Zip:	Phone #:

	Quantity	\$125 Each
Chili Pepper Banner Sponsor		
Total		

- I have enclosed a check
- Please charge the Visa/Mastercard listed below
- Invoice me
- I would like to pay via PayPal.

CC #: _____ Signature: _____

Exp Date: _____

Name to appear on banner: _____

(You may choose a different name to appear for each additional sponsorship)

Please email company logos or graphics ~ **Respond Before August 11, 2009**

Contact Marissa at 714-771-5300 or marissa@friendlycenter.org with any questions.

Return this form to P.O. Box 706, Orange, CA 92856

Sponsorships and donations can be made at our website www.friendlycenter.org

“Chill Out” this Summer with Tia Annie’s Ceviche Recipe

Annie was a Family Advocate at Friendly Center for 10 years and now resides in Texas.

Tia Annie’s Ceviche

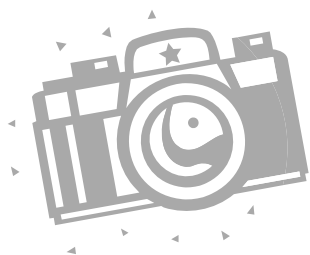
Serves 10 people

- 2 lbs bay shrimp
- ½ cup chopped white onion or green onion
- 1 cup finally chopped cucumber
- 1/3 cup finally chopped celery
- 1 ½ cups chopped cilantro
- 2 cups diced Roma tomatoes or any other kind
- ½ cup chopped Jalapeño or Serrano chili
- 1-2 diced avocados (depending on size)
- A couple of small squeezes of ketchup
- 1 cup of Clamato tomato cocktail (you can find this in the juice department of the grocery store)
- Salt to taste



Mix all ingredients together and serve on a tostada shell or chips or use it as a dip.
Add hot sauce to the mix before or after serving to your (or your guests’) taste.

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More pictures from our events can
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